



Lecture 3

Continuous Happiness and Prosperity – the Basic Human Aspirations

Content of Self-exploration

Desire-

1. Happiness
2. Prosperity
3. The continuity of Happiness and Prosperity

Let us find out:

1. Do we desire for Happiness?
2. Do we desire for Prosperity?
3. Do we desire for the continuity of both (happiness & prosperity)?
4. If continuity of happiness and prosperity is ensured then what else would you desire?



Our desires are not unlimited or indefinite

Our basic aspiration is for **happiness, prosperity and its continuity**

Happiness

The state or situation, in which I live,

if there is harmony / synergy in it,

then it is Naturally Acceptable to me to be in
that state / situation

(and I want to continue to be in that state / situation)



To be in a state of Harmony / Synergy is
Happiness



Happiness = To be in Harmony

Unhappiness

The state or situation, in which I live,

if there is **disharmony / contradiction** in it,

then it is **not Naturally Acceptable** to me to be
in that state / situation

(and I want to get out from that state / situation)



To be forced to be in a state of **Disharmony /
Contradiction** is **Unhappiness**



Unhappiness = Disharmony

Happiness

The state or situation, in which I live,
if there is harmony / synergy in it,
then it is Naturally Acceptable to me to be in
that state / situation
(and I want to continue to be in that state / situation)



To be in a state of Harmony / Synergy is
Happiness



Happiness = To be in Harmony

Continuity of Happiness

State / Situation in which I live
or expanse of my being:

1. As an Individual Human Being
2. As a member of a Family
3. As a member of Society
4. As an unit in Nature/Existence



Continuity of Happiness

= Harmony at all levels of being i.e.

1. Harmony in the Human Being
2. Harmony in the Family
3. Harmony in the Society
4. Harmony in Nature/Existence

To facilitate understanding of the harmony at all levels of being

1. Harmony in the Human Being
2. Harmony in the Family
3. Harmony in the Society
4. Harmony in Nature/Existence

Proposals



To understand & to live in harmony at all levels of being

1. In the Human Being
2. In the Family
3. In the Society
4. In Nature/Existence

**1 Verify the proposals
on the basis of your
NATURAL ACCEPTANCE**

**2 Experiential validation
by LIVING ACCORDINGLY**

**Right Understanding
Right Feeling**

Prosperity (le`f)

Prosperity – The feeling of having / producing more than required Physical Facility

le`f) & vko";d lqfo/kk ls vf/kd dh miyfC/k@ mRiknu dk Hkko

A prosperous person thinks of right utilisation, nurturing the other

“ deprived “ “ “ accumulation, exploiting “ “

le`) O;fDr Inqi;ksx dk] nwljs dk iks"k.k djus dk lksprk gS

nfjnz “ laxzg “ “ “ “kks"k.k “ “ “ “





FAQs for Lecture 3

Continuous Happiness and Prosperity – the Basic Human Aspirations

Questions

- How can meaning of happiness be universal?
Or how can happiness be the same for everyone?
- Everyone in this world is working for one's own happiness. So is it not right to say that everyone is selfish in this world?
- Such discussions on prosperity have been there for ages, still people are accumulating and exploiting. Can it ever be resolved?
- ...





Self Reflection